



## **RECREATION TIME SUGGESTIONS**

Recreation time is an excellent time to do an all-cabin activity, which will promote unity in your cabin and give you a super opportunity to build relationships. During this time the counselor is responsible for the complete supervision of his/her cabin group. You should know where your students are and what they are doing. This is a chance for you to participate with them, not just be a playground supervisor! A partial list of possible activities:

1. All cabin hike of any variety
2. All cabin game
3. Cabin vs. Cabin challenges (sports, field games, etc)
4. Localized free-play with set boundaries
5. Setup a tournament that can run throughout the whole program: ping-pong, horseshoes, volleyball, basketball, tether ball, etc (depending on what the camp facilities provide)
6. Use of whatever special recreational facilities the camp has to offer