

American Outdoor Schools



RECREATION TIME SUGGESTIONS

Recreation time is an excellent time to do an all-cabin activity, which will promote unity in your cabin and give you a super opportunity to build relationships. During this time the counselor is responsible for the complete supervision of his/her cabin group. You should know where your students are and what they are doing. This is a chance for you to participate with them, not just be a playground supervisor! A partial list of possible activities:

1. All cabin hike of any variety (see elective sheet)
2. All cabin game (Traditional or New Games style)
3. Cabin vs. Cabin challenges-
 - a) Sports games (Softball, Volleyball etc.)
 - b) Field games (Sardines, Hide-n-go-seek, Capture the flag, etc....)
4. Localized free play set boundaries for students and play whatever they want (i.e. Frisbee, catch, football, etc.)
5. Set up a tournament that can run through the whole program: ping-pong, horseshoes, volleyball, basketball, tether ball, etc. (depending on what the camp facilities provide).
6. Use of whatever special recreational facilities the camp has to offer.